



# BRINGING THE PIECES TOGETHER: BEST PRACTICE IN HEALTH PROMOTION FOR CALD COMMUNITIES SYMPOSIUM

## SPEAKERS & PROGRAM

Welcome: **Elizabeth Drozd**, CEO, Australian-Polish Community Services

MC (first session): **Hass Delal**, Executive Director, Australian Multicultural Foundation

Opening speaker: **Monica Kelly**, Manager, Partnership Development, Office of Public Health, Department of Human Services

Keynote Speaker: **Meg Griffiths**, National Program Manager, Multicultural Mental Health Australia spoke on the topic of Health Promotion & how this can benefit CALD communities in the long and short term.

Panel discussion exploring the question: How is health promotion different for CALD communities? Panel members:

**Dr Ida Kaplan** – Victorian Foundation for Survivors of Torture

**Eleni Karantzias** – Centre for Culture, Ethnicity & Health

**Voula Messimeri-Kianidis** – Ethnic Communities Council of Victoria

**Elizabeth Mazeyko** – Cancer Council Multicultural Cancer Information Line

**Kate O'Sullivan** – Centre for Multicultural Youth Issues

**Kim Webster** - VicHealth

MC: **Eva Hussain**, President, Australian-Polish Community Services

### Showcasing Session

*Connecting with Somalians, ISIS Primary Care. Presenters: **Philina Davie & Surinder Dahr***

*Grandmothering Across Cultures: A Model for Supporting the Health & Wellbeing of Older CALD Women who Grandmother. Women's Health in the North. Presenter: **Dr Wei Leng Kwok***

*Depression in the Polish Community. Australian Polish Community Services. Presenter: **Elizabeth Drozd***

*Encouraging Understanding Amongst Players in Mental Health. Victorian Transcultural Psychiatric Unit. Presenter: **Evan Bichara**, Consumer Advocate*

*Sudanese Women's Group, Greater Dandenong Community Health Service. Presenters: **Magda de Ridder Ziadeh, Toni Lawson**, City of Greater Dandenong, **Nada Mocevic**, AMES.*

*Men's and Family Relationships Project. Australian Greek Welfare Society. Presenter: **Manuel Boulதாகის***

*Promoting Women's Health with a Diverse Population in a Regional Area. Loddon Mallee Women's Health. Presenters: **Linda Kirkman & members of the Working Group***

## **Workshops**

Twelve workshops covering a range of topics were held during the afternoon session. They were:

*Making Integrated Health Promotion Culturally Inclusive: A Case Study Approach, Centre for Culture, Ethnicity & Health. Facilitators: **Eleni Karantzas & Lidia Horvat***

*Sustainable Partnerships in Health Promotion with CALD Communities, Migrant Resource Centre North West Region. Facilitator: **Margaret Rutherford***

*Developing Health Promotion Activities / Strategies to Meet the Needs of CALD Women, Women's Health in the South East. Facilitators: **Fiona McCormack & Sam Seamer***

*A Social Enterprise Approach to Community Development, Adult Migrant Education Services. Facilitator: **Chris Pierson***

*Community Strengthening Program – People from CALD Backgrounds with Disabilities & Health Promotion, Action on Disability in Ethnic Communities (ADEC). Facilitator: **Licia Kokocinski***

*Mama & Nunu (mother & baby) Training Kit – Culturally & linguistically appropriate delivery of pregnancy care for African women, Women's Health West. Facilitators: Munira Adams & Jane Howard*

*Communities in Focus – Mental Health Focus, Action on Disability in Ethnic Communities (ADEC). Facilitator: **Licia Kokocinski***

*Translators & Interpreters: Centre pieces of the Puzzle, Australian Institute of Interpreters & Translators (AUSIT). Facilitators: **Sarina Phan, Eva Hussain & Chris Poole***

*Promoting Health in Sport & Active Recreation Settings to CLD Young People, Centre for Multicultural Youth Issues. Facilitator: **Assunta Morrone***

*An Integrated Approach to Health Promotion for Older CALD People, Inner South East Partnership in Community and Health (ISEPICH). Facilitators: **Barry Hahn & Valerie Kay***

*Effective Partnerships: Pre-testing diabetes concepts using a focus group model developed with the Macedonian community, Royal District Nursing Service & Macedonian Community Welfare Association. Facilitators: **Jaklina Michael, Tracy Aylen & Diana Sterjovska***

*Enterprising Women Whittlesea: A Micro-Credit Model for Addressing the Economic & Social Needs of Women from Diverse Cultural & Linguistic Backgrounds, Women's Health in the North. Facilitator: **Kath Deakin***

## **Recommendations & Where to From Here?**

Closing Speaker: **Commissioner George Lekakis**, Chairperson, Victorian Multicultural Commission.